

100 recipes

for fun

Playdough

2 cups flour
3 teaspoons cream of tartar
1 cup salt
2 1/4 boiling water,
4 Tablespoons vegetable oil
Food coloring

Add oil and food color to boiling water. Combine remaining ingredients, and mix well. As you knead it, the dough will get smoother. Store in airtight container. Lasts longer if refrigerated.

Finger Paint

3 cups water
1 cup corn starch
Food coloring

Boil water, then remove from heat. Make a paste with the cornstarch and a little cold water, and add this to the hot water, stirring constantly. Boil until thick and clear (about one minute). Add coloring. Use this paint while it is still warm, it feels great!



Paper Paste

1/3 cup flour
2 Tbls sugar
1 cup water
Aromatic oil (optional)

Mix flour and sugar together in a saucepan. Gradually add water stirring constantly. Cook over low heat until the mixture is clear. Remove from heat, and add aromatic oil, if you are using it. Spread paste with a brush or tongue depressor.

Air Dry Dough

1 cup Flour
1/4 cup salt
1/4 cup water
Food Coloring

Mix the flour and salt together in a bowl. Mix water and food coloring in another bowl. Add the colored water to the flour mixture, kneading it in. If the mixture seems dry, you may want to add a little more water.

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Flubber!

Colored Pasta/Rice

Strong liquid color, such as food coloring or liquid water colors
Isopropyl alcohol
Rubber gloves (Wear to keep from dyeing your hands!)

Mix the coloring into about 1 cup of Isopropyl alcohol. Toss rice or pasta in the mixture till it absorbs the color. Spread out on a large tray and allow to dry for about 24 hours (depending on size/shape of pasta) stir occasionally to prevent clumping.

Easy Decoupage

White glue (like Elmer's School Glue)
Water
Colored Tissue Paper
Brushes

Mix equal parts water and white glue. Lay the tissue down on any surface (paper, glass jars/bottles, boxes, etc) and brush the top with the glue water. You can layer different colors of tissue for transparent color-mixing effects!

Flubber! Gak! Slime! version 1

In a large container combine:
1 1/2 cups warm water
2 cups white glue
Food coloring
In second, smaller container, combine:
1 1/3 cups warm water
3 tsp. Borax

Mix ingredients in each container thoroughly. Pour contents of smaller container in to large container. Gently lift and turn mixture until only about a tablespoon of liquid is left. FLUBBER will be sticky for a moment or two. Let excess liquid drip off then FLUBBER will be ready! Store in an airtight container for about three weeks of use!

version 2

1/2 cup water
1/2 cup white glue
Food coloring
4 tsp Borax

In one cup, mix the glue and water and food coloring. In another, mix the borax with a little bit of water. Combine the two cups and pull out the GAK!

Zen Projects: Weaving

Sheets of colored paper
Scissors
Strips of paper the length of the width of the sheets.

Fold full sheets of paper in half. (You may want to prep this first step, depending on the age of your students.) Cut from folded center to about 1 1/2 inch from the edge. Unfold and take strips of paper and weave in and out of the slots. To secure, fold over the edge of the strips, or glue to under or over side of the main sheet.

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Have
Fun!